



The Heartbeat of Northeast Nebraska is offering a FREE CAC (Coronary Artery Calcium) scoring using Community MRI and CT Services aimed at adults aged 40-74 years old who have increased cardiovascular risk due to family history or premature heart disease, (example - heart attack in a close relative before age 60), hypertension, smoking, high cholesterol, diabetes, obesity and sedentary lifestyle.

This scan creates multiple images that can show calcified plaque deposits in the coronary arteries. This heart scan provides an early look at levels of plaque. Plaque, either soft, non-calcified or hard and calcified, is made up of fats, cholesterol, calcium and other substance in the blood.

Any licensed health care provider can make a referral for a CAC by placing a call to Community MRI (402-379-2810). Patients will then call Community MRI (402-379-2810) to schedule an appointment.

After arriving at Community MRI, 110 N, 37th #302, Norfolk, NE, the patient will be asked to disrobe and put on a gown. A technologist will then attach sensors, called electrodes, to the chest. The patient will be asked to lie on their back on the scanner and lie still and hold their breath for a few seconds while the pictures are taken. The entire procedure takes 10-15 minutes.

The referring health care provider will receive the results and notify the patient.

The Heartbeat of Northeast Nebraska assumes no liability for the CAC scan.