

Patient Name _____ Today's Date _____

Age _____ Birth Date _____ Marital Status S-M-W-D-Sep Date of last exam _____

What is your reason for visit? _____

Optional: e-mail address _____

Symptoms

Check (✓) symptoms you currently have or have had in the past year.

GENERAL

- Chills
- Depression
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Leg Cramps
- Loss of sleep
- Loss of weight
- Nervousness
- Numbness
- Sweats

MUSCLE/JOINT/BONE

Pain, weakness, numbness in:

- Arms Hips
- Back Legs
- Feet Neck
- Hands Shoulders

GENITOURINARY

- Blood in urine
- Frequent urination
- Lack of bladder control
- Painful urination
- Increased thirst

GASTROINTESTINAL

- Appetite poor
- Black stools
- Bloating
- Bowel changes
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Rectal bleeding
- Stomach pain
- Vomiting
- Vomited or coughed blood

CARDIOVASCULAR

- Chest pain
- Difficult to breath
- High blood pressure
- Irregular heart beat
- Low blood pressure
- Poor circulation
- Rapid heart beat
- Swelling of ankles, hands, feet
- Varicose or enlarged veins

EYE, EAR, NOSE, THROAT

- Bleeding gums
- Difficulty swallowing
- Ear pain or discharge
- Hoarseness
- Loss of hearing
- Nosebleeds
- Persistent cough
- Ringing in ears
- Sinus problems
- Vision problems
- Wear glasses or contacts

SKIN

- Bruise easily
- Hives
- Itching
- Change in moles
- Rash
- Scars
- Sore that won't heal

WOMEN

Circle one or complete each line.

- Are you Pregnant? Yes/No/Not Sure
- Date of Last PAP _____
- Abnormal PAP smear? Yes / No
- Date _____
- How often do you do self breast exams? _____
- Breast lump? Yes / No
- Nipple discharge? Yes / No
- Date of Last Mammogram _____
- Hot flashes? Yes / No
- Lack of sex drive? Yes / No
- Vaginal dryness? Yes / No
- Vaginal discharge? Yes / No
- Pain with intercourse? Yes / No
- Menstrual History:
- Age period began _____
- Bleeding between periods? Yes / No
- Menstrual pain/cramps? Yes / No
- Rate your pain on scale 1-10 (#10 is worst) Rate of pain # _____
- Date of Last Period _____
- # Days between periods _____
- # Days your period lasts _____
- # Pregnancies _____
- # Babies born alive _____
- # Still born _____
- # Full term _____
- # Premature _____
- # Miscarriages _____
- # Ectopic pregnancies _____
- # Multiple births _____
- Complications with any of your Pregnancies (please explain):

Conditions

Check (✓) conditions you currently have or have had in the past year.

- AIDS
- Alcoholism
- Anemia
- Anorexia
- Appendicitis
- Arthritis
- Asthma
- Bleeding Disorders
- Breast Lump
- Bronchitis
- Bulimia
- Cancer
- Cataracts
- Chemical Dependency
- Chicken Pox
- Diabetes
- Emphysema
- Epilepsy
- Endometriosis
- Glaucoma

- Goiter
- Gonorrhea
- Gout
- Heart Disease
- Hepatitis
- Hernia
- Herpes
- High Cholesterol
- HIV Positive
- Kidney Disease
- Liver Disease
- Measles
- Migraine Headaches
- Miscarriage
- Mononucleosis
- Multiple Sclerosis
- Mumps
- Pacemaker
- Pneumonia
- Polio

- Psychiatric Care
- Rheumatic Fever
- Seizure disorder
- Stroke
- Suicide Attempt
- Thyroid Problems
- Tonsillitis
- Tuberculosis
- Ulcers
- Vaginal Infections
- Venereal Disease

Allergies

(food, medications, environment)



Family History

Fill in health information about your family.

Relation	Present Age	Age at Death	State of Health or Cause of Death	Check (✓) if, your blood relatives had any of the following:	
				Disease	Relationship to you
Father				Arthritis, Gout	
Mother				Cancer	
Siblings				Chemical Dependency	
				Diabetes	
Children				Heart Disease	
				High Blood Pressure	
Maternal grandmother				Kidney Disease	
Maternal grandfather				Stroke	
Paternal grandmother				Tuberculosis	
Paternal grandfather				Other	

Hospitalizations / Surgery / Illness / Injury

Health Habits / Misc.

Date	Explain	Treatment (hospital or doctor)

Yes	No		Type & Amount
		Alcohol	
		Caffeine	
		Calcium	
		Exercise	
		Street Drugs	
		Tobacco	
		Seat Belts	
		Stress at Work	
		Heavy Lifting	
		Exposed to Hazardous Substances	
		Domestic Violence	

Medications

List medications you are currently taking.

Average # of hours of sleep per night? _____

Have you ever had a blood transfusion? No

Yes If yes, date: _____

Pharmacy you use

Name: _____

Town located in: _____

I certify that the above information is correct to the best of my knowledge. I will not hold any provider or any members of his/her staff responsible for any errors or omissions that I have made in the completion of this form.

Patient Signature

Date